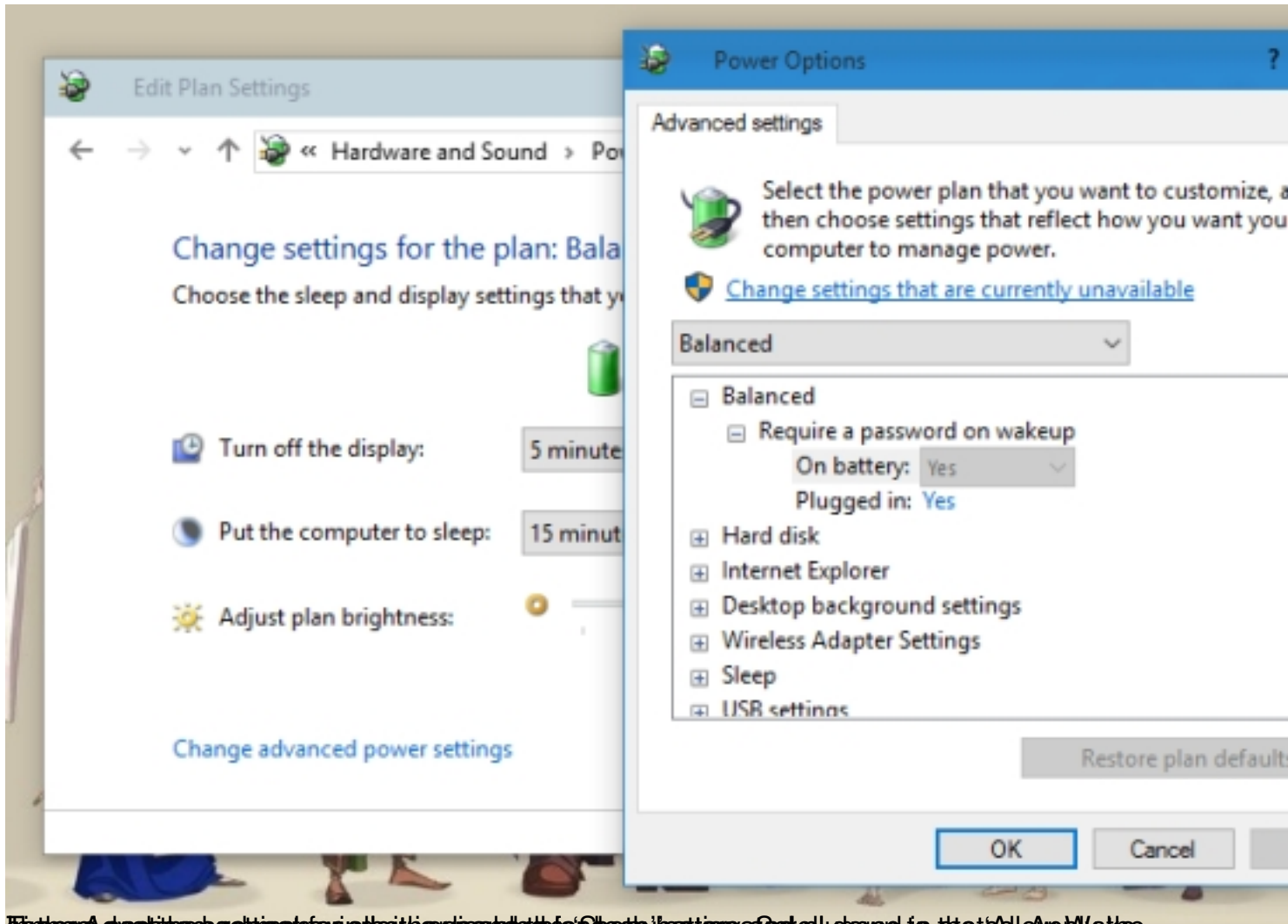


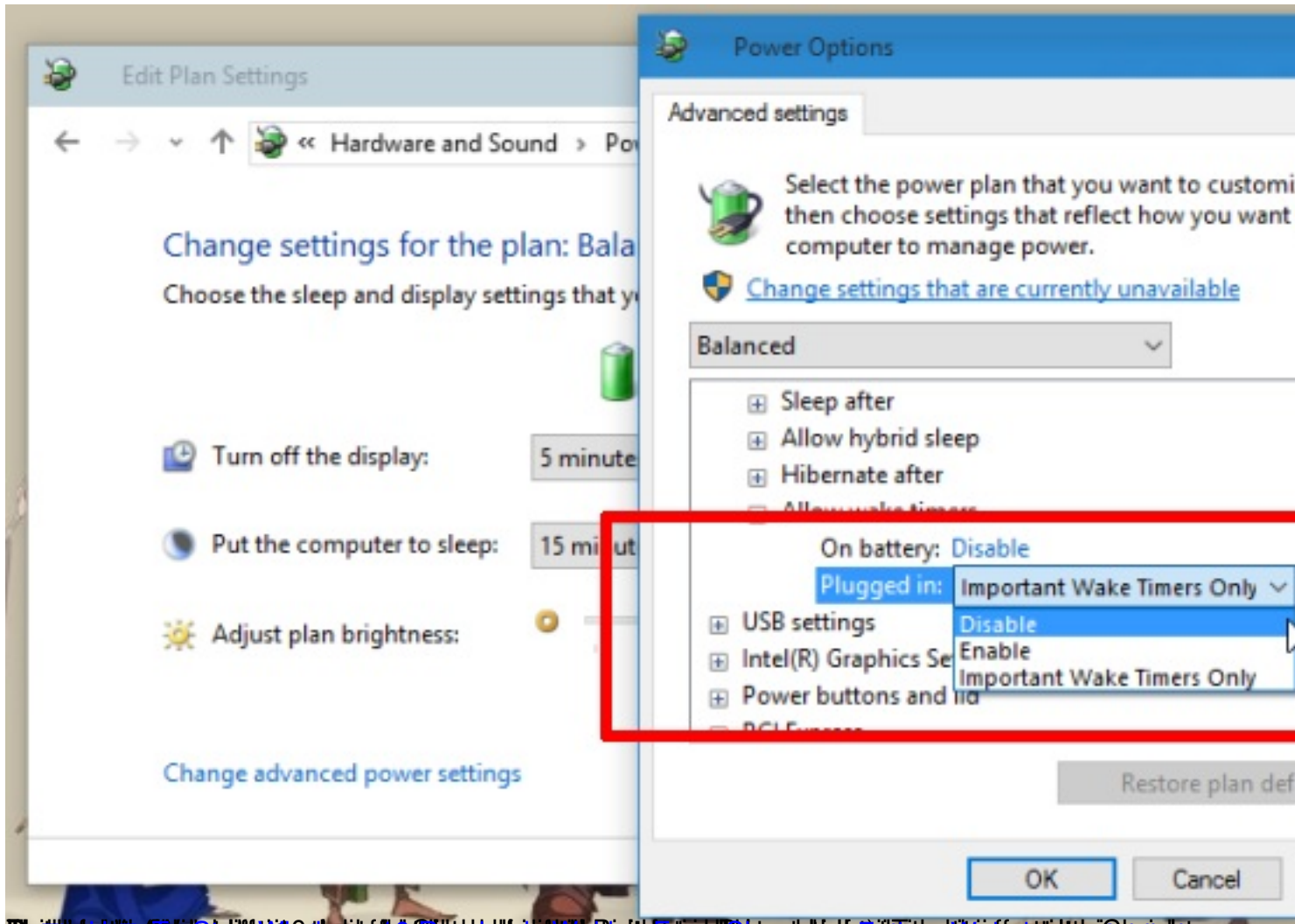
Windows 10 is plagued by the oddest of bugs. One recurring problem that many users face is when they put their systems to sleep. The system will seemingly wake up at random times. It might stay awake or return shortly to its sleep state without any reason for it coming out of it. Turns out, there might be a legit reason it's happening; you're allowing it to (though perhaps you don't know it). Windows has for a long time, at least as far back as Windows 7, allowed 'wake timers' to wake up your system from sleep. By default, they are disabled but Windows 10 might have enabled them for particular power plans, hence your system is waking up for no apparent reason. Here's how to turn it off.

Wake Timers are allowed/disallowed for individual power plans. You very likely have at least two power plans configured; Balanced and High Performance. You will need to check the status of Wake Timers for both plans. If you have other plans configured, follow suit.

To disable a sleep timer, right-click the battery icon in the system tray and select 'Power Options' from the context menu. Click 'Change plan settings' next to a power plan and click 'Change advanced power settings' on the next screen.



The Advanced settings for the plan of Sleep computers and plugged in state Allow Wake



[How To Stop Windows 10 Randomly Waking From Sleep](#) [High Frame Rate Gaming](#) [Quick](#)